

*Providing care with
promptness, sensitivity,
respect compassion, and
integrity.*



**James Floriani with
Williamstown Common's
Heather Lesniak, OTR/L
(above) and with Gerry
Makowski, PTA (below)**



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“They Went Above and Beyond” Williamstown Commons Rehab

Case Study

Whether it was from years on his feet working in various occupations or from the natural debilitating effects of arthritis, James Floriani's first knee surgery two years ago did the trick by relieving his severe pain in the knee. With renewed mobility in the left knee, the 62-year-old North Adams resident anticipated the second surgery would be on his right knee. But that all changed in March of 2010 when a patch of black ice took him down with a fall that shot pain from his head to toe. As the pain in his knee lingered and then worsened over time, he again met with his orthopedic surgeon who discovered that his new knee had been impacted by the fall and he would need a knee revision. On December 23rd, [Jeffrey P. Cella, MD, of Berkshire Orthopaedic Associates](#) conducted a successful left knee revision at Berkshire Medical Center. Mr. Floriani would need rehabilitation in a skilled nursing environment to again regain his independence. With his years of experience as a certified nursing assistant (CNA) and working with special needs students at Drury High School, he understands what excellent care is all about. He chose [Williamstown Commons Nursing & Rehabilitation](#).

Interdisciplinary Team Treatment Plan

After arriving at Williamstown Commons on December 28, Mr. Floriani began a daily regimen of physical and occupational therapy.

Physical Therapy

- Upon arriving at [Williamstown Commons](#) he was able to stand with some assistance, and therapists worked on balance, and ambulating increasing distances.
- Hands-on stretching of the knee and leg continued to improve range of motion. Walking up and down stairs adapted him to his home, which includes a staircase.

Occupational Therapy

- Upper body strengthening with exercises and the use of weights enhanced his abilities to improve his ability to use the walker and crutches. Hand-eye coordination exercises improved reflexes and abilities to perform household tasks.
- Work with occupational therapists on ADLs helped Mr. Floriani regain his abilities to perform those essential activities with greater independence.

Outcome: Mr. Floriani was discharged on January 14th, 2011, eager to get back home and spend time with Gloria, his wife of 40 years, and back to work. In addition, to help him with his full transition home, administration at [Williamstown Commons](#) provided him with a special reclining chair. As a not-for-profit community-focused organization, the gift is consistent with the [facility's mission](#).

In the Patient's Own Words: “I was blown away by the quality of care here. I can't say enough about the staff, they went above and beyond anything I could have imagined. I definitely would recommend [Williamstown Commons](#) for rehab.”

