

Quality Care Close to Home



Offering

Short-Term Rehabilitation – Transitional care to maximize recovery and help you return home following surgery or a critical health-related event

Skilled Nursing Care – Just the right level of care for recuperation following a hospital stay or chronic condition flare-up

Long-Term Care – Around-the-clock nursing care and supervision and assistance with daily living

Specialty Care – Restorative care or that “little extra help” needed for continued improvement or to maintain existing level of independence; full-time staff nurse dedicated to wound assessment, treatment and management

Respite Care – A brief stay when family members or in-home caregivers need extra support or a little time away

Hospice Program – Hospice services available for compassionate end-of-life care


Award-Winning Care

We work hard every day to provide an outstanding level of care, and it shows. North Adams Commons has been recognized by the American Health Care Association/National Center for Assisted Living (AHCA/NCAL) with the **Bronze Commitment to Quality** award in 2011, the first step towards the Gold Excellence in Quality recognition. This prestigious award is given to select facilities across the nation that serve as models of performance excellence and continuous quality improvement in long-term care services.



Berkshire Healthcare is a not-for-profit consumer-centered organization committed to fulfilling the health and residential needs of the population in the communities we serve. Our network of resources and healthcare professionals allows affiliated facilities to consistently deliver the highest quality of care.

North Adams
Commons
Nursing & Rehabilitation Center

 A Member of Berkshire Healthcare
Managed by an Affiliate of Berkshire Health Systems


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Welcome
to a
Community
of
Caring

A Team Approach to Patient-Centered Care

North Adams Commons Nursing and Rehabilitation Center is a rehabilitation and skilled nursing facility located in an established neighborhood in North Adams, close to the center of town. We have been caring for people in the North Adams area since 1981, providing top-quality, personalized rehabilitation, nursing and long-term care in a warm, homelike setting.



Keeping You Comfortable

North Adams Commons provides a safe, friendly place to stay featuring:

- 24-hour nursing care and supervision
- Spacious private and semi-private accommodations each equipped with a bath
- All resident rooms wired for telephone, cable TV and Wi-Fi
- Assistance with activities of daily living
- On-site beauty/barber shop
- Inviting dining rooms on each floor
- Well-maintained grounds with perennial garden and picnic table for enjoying fresh air and nature



A Network of Caring

Locally run and staffed by caring and attentive North Adams-area healthcare professionals, North Adams Commons is backed by Berkshire Healthcare, one of the largest, nonprofit, long-term care providers in Massachusetts. This affiliation gives us the tremendous advantage of access to an extensive network of top healthcare professionals and other resources to support our programs and services.

Our core team includes nurses and nursing assistants, rehab therapists, social workers, activities staff, a dietitian, and our medical director. Together these professionals create a personalized care plan based on the individual's strengths, needs and abilities.



Keeping You Connected

We offer a full range of activities designed to support our residents mentally, physically and spiritually, encouraging independence and keeping them active and connected to the community around them.

- Gentle Exercise Classes
- Music
- Crafts
- Discussion Groups
- Religious Services
- Gardening Group
- Men's Group
- Wii® System
- Shopping Expeditions
- Local Outings